

# Physical Exam Skills and Direct Observations

Repeat each category three times:

Visual Acuity • near card or app
Confrontation Visual Fields
Alignment Assessment • Hirschberg test
Extraocular Muscle Ductions
Pupil Assessment
Penlight Assessment • Lids • Conjunctiva/sclera • Cornea • Anterior chamber depth • Clarity of media
Instillation of Drops

If you have a cooperative human at home, please perform these skills on them. Ideally, do this three days in a row. One time, we will plan on having the clerkship director observe your skills via Zoom for [Direct Observation of Physical Exam Skills](#)

- **Visual acuity:** *Eye Handbook* app available in App Store, other resources also available
- **Pupils:** Use a penlight or flashlight
- **Instillation of eye drops:** If you have eye drops at home, use these. If not, simulate what you would do if you did have drops.
- **Direct ophthalmoscopy:** Complete [virtual module](#).

**Clerkship Direct Observation Form  
Physical Exam Skills**

***Ophthalmology***

**Student name:** \_\_\_\_\_ **Date:** \_\_\_\_\_

**Evaluator name:** \_\_\_\_\_ **Circle one:** Faculty   Resident/Fellow   Other(specify)

Did student perform adequate hand hygiene (*before and after the exam if a full exam is observed*)?    Yes    No

PE skill	Unsatisfactory	Needs improvement	Satisfactory	Not observed
Demonstrates respect for patient privacy, comfort, and safety <i>e.g., explains physical exam maneuvers, tells patient what one is doing at each step, drapes patient appropriately</i>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Performs physical exam in a logical sequence <i>e.g., exam follows a certain order (such as by organ system or head to toe), limits repositioning of patient</i>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Demonstrates appropriate physical exam technique <i>e.g., takes correct position for the exam, uses exam tools correctly, uses exam maneuvers that provide an accurate evaluation of the organ assessed</i>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Performs a clinically relevant physical exam appropriate to the setting and purpose of the patient visit	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Modifies approach to physical exam to meet patient's developmental and physical needs	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Recognizes and correctly interprets abnormal exam findings	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

**Describe 1-2 effective skills that the student performed:**

**Suggest ways to help the student move 1-2 skills to the next level:**

**Evaluator Signature:** \_\_\_\_\_ **Student Signature:** \_\_\_\_\_