Ophthalmology and Visual Sciences

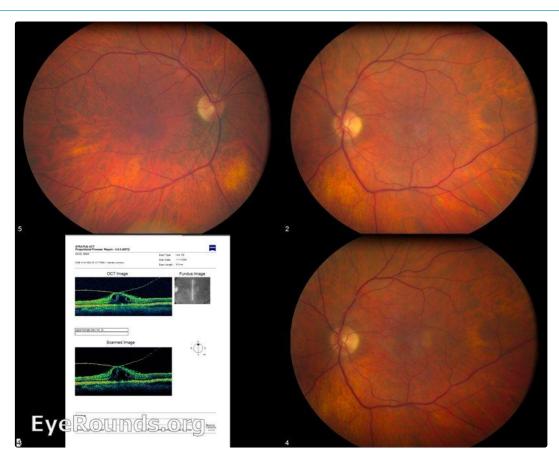


# Vitreoretinal Traction (VRT) and Cystoid Macular Edema (CME)

Category(ies): Cornea, Retina

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Vitreoretinal traction with associated macular edema is evident in the fundus of this patient's left eye. The posterior hyaloid traction edema are well seen in the correlating OCT image.

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Contributor: <u>Ben Janson, MD</u> Photographer: Jody Troyer

This patient presented with blurry vision and visual distortion in one eye, and vitreomacular traction was discovered by optical coherence tomography (OCT) imaging. Vitreomacular traction occurs as the result of vitreomacular adhesions in a detaching posterior vitreous.

Hyaloid traction causes symptoms of decreased visual acuity and metamorphopsia and may lead to the development of a foveal pseudocyst. Treatment includes observation, intravitreous injection (fluid, air/gas, or ocriplasmin), or pars plana vitrectomy with membrane peel and gas bubble.



**Q** Enlarge



# References:

- 1. Vitreomacular traction diseases. In: Basic and clinical science course (BCSC) Section 12: Retina and vitreous. Chapter 16 Diseases of the vitreous and vitreoretinal interface. San Francisco, CA: American Academy of Ophthalmology. 2016-2017 p293-294
- 2. Idiopathic macular holes. In: Basic and clinical science course (BCSC) Section 12: Retina and vitreous. Chapter 16 Diseases of the vitreous and vitreoretinal interface. San Francisco, CA: American Academy of Ophthalmology. 2016-2017 p294-297

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